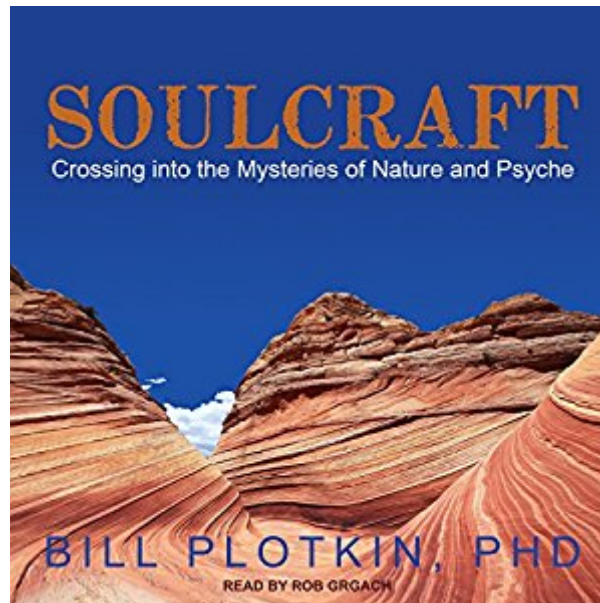




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Soulcraft: Crossing Into The Mysteries Of Nature And Psyche



Synopsis

Since 1980, depth psychologist Bill Plotkin has been guiding women and men into the wilderness - the redrock canyons and snow-crested mountains of the American West - but also into the wilds of the soul. He calls this work soulcraft. There's a great longing in all people to uncover the secrets and mysteries of our individual lives, to find the unique gift we were born to bring to our communities, and to experience our full membership in the more-than-human world. This journey to soul is a descent into layers of the self, much deeper than personality, a journey meant for each one of us, not just for the heroes and heroines of mythology. A modern handbook for the journey, *Soulcraft* is not an imitation of indigenous ways, but a contemporary nature-based approach born from wilderness experience, the traditions of Western culture, and the cross-cultural heritage of all humanity. Filled with stories, poems, and guidelines, *Soulcraft* introduces over 40 practices that facilitate the descent to soul, including dreamwork, wilderness vision fasts, talking across the species boundaries, council, self-designed ceremony, nature-based shadow work, and the arts of romance, being lost, and storytelling.

Book Information

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Customer Reviews

I love this book! I even started to re-read it, and I never re-read books. This one will go with me to the grave! It's an amazing illustration into the journeys that call to us in our lives and how they transform us. As a student of psychology, I found it immensely interesting and beautiful.

Haven't finished it but very good so far !

If you find that you are unhappy, sad, or feeling lost, Soulcraft is your lifeline. If, like me, your child has ascended and your soul with them, you can find your lost soul and learn to live IN the loss. This book is for all spiritual and religious beliefs and practices. Spirit is not held prisoner by just one. Bowing and many Blessings!

Let's face it, Bill Plotkin and his work rock! This book provided me with a plethora of inspiring actions/crafts and insights to further my activism in environmental and cultural justice work. Plotkin places the human being inside and a part of the whole of nature, showing how this is our rightful place and one that is a personal and cultural game-changer. I felt guided by an expert-hand on the journey of our lifetime. Highly recommend!

I really like the book because it addresses any honest seeker and focuses in on real life-situations as examples to the perhaps at times too theoretical aspects. All told I am impressed and would recommend it to anyone interested in self-development and/ or nature as a spiritual path. It can get a bit "wordy" and intellectual but apart from that it contains very valuable information and provides excellent insights into human nature.

Soulcraft has brought illumination to some deep soul questions that my spiritual director and I have been discussing. Plotkin gently and step by step opens up a new way of journeying deeper into Self.

This is an amazing book. It extends our horizons giving us the exciting long-sighted view of rich potential for ourselves as well as for the whole of creation. Soulcraft is an invitation to a depth of spirituality. Soulcraft becomes filled with creation as created and Creator once again share love for the world we live in.

Really good information for novices and folks who can afford the "walk-about" type experiences. Out of reach for most of my low income folks. Narrative is accessible but repetitive and old information for me.

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